

# Local Offer

## Support available to schools for Children in Care Educational Psychology and Behaviour Support Advisory Service



Telford & Wrekin Council has dedicated Educational Psychologists and Specialist Mentors to support the Children in Care population within their educational settings.

Specialist support for individual pupils is available through the Pupil Premium Funding.

The levels of support are detailed over the next pages.

### Contact Us

For further information on  
Educational Psychology and Behaviour Support Advisory Service  
please contact us on:

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Web: <http://eps.taw.org.uk/>

Post: Telford & Wrekin Educational Psychology Service,  
2nd Floor, Darby House, Lawn Central, Telford, Shropshire TF3 4JA

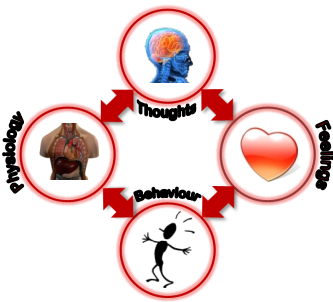
## 1. Attachment Training Level 1 and Level 2

This training is provided free to schools through the Virtual Head Teacher and the Core Offer. Access to this training is dependent on the child's presenting distress and the need to facilitate stability of placement. The training provides comprehensive understanding of children who present with developmental trauma along with a range of strategies to assist the school with the support and management of these pupils.

This level of training can also be accessed through the traded provision of the Educational Psychology and Behaviour Support Advisory Service to schools or through Pupil Premium Funding.



## 2. CBT Interventions



The service can provide Cognitive Behaviour Therapy interventions to help young people cope with and manage their anxiety both now and in the future. The EPS has extensive training in CBT and can support the delivery of CBT programmes for individuals and interventions informed by CBT approaches.

An individual intervention will require a minimum of 9 hours support to include liaison with parents and professionals.

## 3. Emotional Resilience Coaching/Support for Self Harm

This is a supportive intervention delivered 1:1 or within groups to empower young people to develop coping skills, hopefulness and a more positive resilient personal outlook. Teaching emotional awareness creates a platform for raising the topic of self harm with young people. It can build their resilience to manage emotions such as shame, anger, self loathing and pain associated with self harm.



## 4. Therapeutic Story Writing



Writing stories using metaphor helps to process difficult feelings that may be getting in the way of a pupil's learning. This group work supports children aged 7 – 13 years through a series of between 6 – 10 sessions including mindfulness exercises, assisted story writing following a given theme and sharing of stories.

## 5. Video Interactive Guidance (VIG) and Video Self Modelling (VSM)

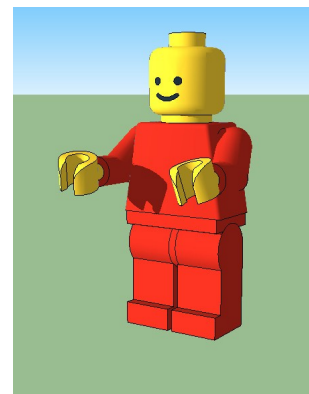


Video Interaction Guidance (VIG) is a respectful and collaborative way to work with parent carers using edited video clips of positive communication between people as the basis of reflective dialogue about how to develop the relationship further.

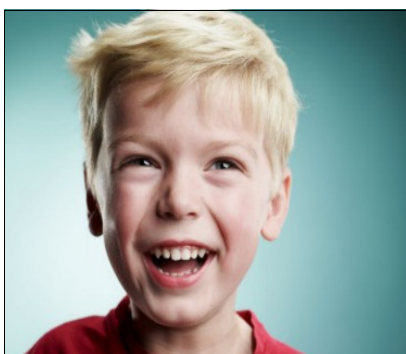
Video Self Modelling is a form of observational learning. Children observe a video of themselves performing a behaviour successfully (e.g. doing their classwork) and then imitate the targeted behaviour. VSM allows individuals to view themselves being successful, acting appropriately or performing a new task. VSM has a growing research base and has been found to be particularly helpful for those on the autistic spectrum.

## 6. Lego Education Build to Express

This is a therapeutic experience using Lego Education Build to Express to build symbolic models around interpersonal issues, self awareness and social skills. The process involves reflection and dialogue with the mentor. Complex emotions can be explored alongside decision making and coping strategies.



## 7. Anger Management Programme– ‘Kool it’ and ‘Kool it junior’



An exciting and engaging approach to small group work, aiming to help young people to understand their anger and use the power of that anger to make positive changes in an appropriate way.

## 8. Dyadic Developmental Psychotherapy



Dyadic Developmental Psychotherapy (DDP) is family based and focuses on facilitating the child's ability to establish a secure attachment with his/her care givers. The programme has been devised by Dan Hughes and covers the theories of Attachment, Inter-subjectivity and Trauma that are the primary models used for relationship development and trauma resolution.

### Cost

The cost of the service is between £70 - £80 /hr.

Each intervention will be carefully considered for the cost dependent upon the therapist and the number of sessions required to deliver it.

### Declaration of Competence

This group of professionals have a quality assurance model to ensure the safe practice and delivery of 'Therapy'.

All Psychologists are qualified practitioners with HCPC registration and verification of qualifications. The Educational Psychologists provide supervision to the Specialist Mentors delivering therapies as part of the safe policy practice.

Individual cases are assessed by the team for the appropriateness of the therapy request. Any necessary consultation with CAMHS or Social Workers is sought. The model strives to be inclusive of all Practitioners, where possible, involved with the child, family or school.

Any request for these therapies will require an in depth discussion about the child's needs. Careful consideration will be given to the child's social and emotional needs, and any therapeutic intervention they have already or are currently engaged in. The team needs to have sufficient information about the child's needs before any decisions are made about an appropriate therapeutic intervention.